



Phoenix Project Protocol

Standing orders are approved by the providers of Hope Diabetes Center, for care of adult patients with diabetes. Standing orders may be initiated by placing them in the patient chart. They may be initiated by MA's or RNs.

1. **Standing lab orders (Fasting):**

- a. **HbA₁C:** If the most recent HbA₁C is more than 3 months old, schedule, order or draw an HbA₁C this visit. (This does not have to be a diabetes-focused visit.)
- b. **HDC Panel:** If the most recent CMP, CBC, C-peptide, and Insulin level is more than 3 months old, schedule, order or draw CMP, CBC, C-peptide, and Insulin level this visit.
- c. **Lipid panel:** If the most recent lipid panel is more than 3 months old, schedule, order or draw lipid panel this visit.
- d. **Microalbumin / UA:** If the most recent U/A is negative and more than 6 months old, or if the patient has never had a microalbumin done, obtain a urine specimen this visit for protein, and if negative, also test for microalbumin. Patients on ACE Inhibitors also need microalbumin tests done once a year.

2. **Referrals:**

- a. **Retinal exam:** If the patient has not had a retinal exam within the last 12 months, the patient will be given a referral this visit.
- b. **Podiatry consult:** For patients with an abnormal foot exam, the patient will be considered for a podiatry referral. Examples of an abnormal foot exam include but are not limited to Charcot joint, hammer toes or claw feet, or other deformities.
- c. **Dental:** If the patient has not had a dental exam within the last 12 months, the patient will be given a referral this visit.

3. **Patient Recall:**

- a. Patients with diabetes who are identified as not having had a provider visit in more than 6 months will be sent a postcard requesting them to make an appointment for a provider visit.
- b. Patients with diabetes will be encouraged to make 6-8 diabetes-focused well visits during each calendar year. However, patients with diabetes presenting for visits for other reasons will have overdue lab work done at these visits.

Approved:

Medical Director

Date